

Riverview HS Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2/10/20	2/11/20	2/12/20	2/13/20	2/14/20
Grab n Go Strawberry Pancake or Strawberry Blitz Choice of Cereal	Egg & Cheese Muffin or Purple Passion Choice of Cereal	Cinnamon Toast Crunch Bar Grab n Go or Chocolate Covered Banana Choice of Cereal	Grab n Go Mini Cinnis or Blueberry Blitz Choice of Cereal	Sausage, Egg Pancake Bagel or Chocolate Covered Strawberry Choice of Cereal
Assorted 100% Fruit Juice or Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
2/17/20	2/18/20	2/19/20	2/20/20	2/21/20
Grab n Go Strawberry Pancake or Strawberry Blitz Choice of Cereal	Egg & Cheese Muffin or Purple Passion Choice of Cereal	Cinnamon Toast Crunch Bar Grab n Go or Chocolate Covered Banana Choice of Cereal	Grab n Go Mini Cinnis or Cherry Jubilee Choice of Cereal	Sausage, Egg Pancake Bagel or Chocolate Covered Strawberry Choice of Cereal
Assorted 100% Fruit Juice or Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
2/24/20	2/25/20	2/26/20	2/27/20	2/28/20
Grab n Go Strawberry Pancake or Peaches & Cream Choice of Cereal	Egg & Cheese Muffin or Purple Passion Choice of Cereal	Cinnamon Toast Crunch Bar Grab n Go or Orange Crush Choice of Cereal	Grab n Go Mini Cinnis or Cinnamon Apple Choice of Cereal	Sausage, Egg Pancake Bagel or Banana Pie Choice of Cereal
Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
3/2/20	3/3/20	3/4/20	3/5/20	3/6/20
Grab n Go Strawberry Pancake or Strawberry Blitz Choice of Cereal	Egg & Cheese Muffin or Purple Passion Choice of Cereal	Cinnamon Toast Crunch Bar Grab n Go or Orange Crush Choice of Cereal	Grab n Go Mini Cinnis or Cinnamon Apple Choice of Cereal	Sausage, Egg Pancake Bagel or Banana Pie Choice of Cereal
Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
3/9/20	3/10/20	3/11/20	3/12/20	3/13/20
Grab n Go Strawberry Pancake or Strawberry Blitz Choice of Cereal	Egg & Cheese Muffin or Purple Passion Choice of Cereal	Cinnamon Toast Crunch Bar Grab n Go or Orange Crush Choice of Cereal	Grab n Go Mini Cinnis or Cinnamon Apple Choice of Cereal	Sausage, Egg Pancake Bagel or Banana Pie Choice of Cereal
Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
3/16/20	3/17/20	3/18/20	3/19/20	3/20/20
Bagel w/ Spreads or Strawberry Blitz Choice of Cereal	Breakfast Pizza or Purple Passion Choice of Cereal	Strawberry Poptart w/ Mini Loaf or Orange Crush Choice of Cereal	Grab n Go Waffle or Cinnamon Apple Choice of Cereal	Egg & Cheese Bagel or Banana Pie Choice of Cereal
Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits	Assorted 100% Fruit Juice or Fresh Fruits
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
Elementary Breakfast \$1.25 Jr./Sr. High Breakfast \$1.50 Student Reduced Breakfast \$0.30 Adult Breakfast \$1.95				

What is a Meal?

You must choose at least 3 of the 5 components available for the school breakfast price.

Choice of: Grain or grain/protein
 Choice of fruit or vegetable (must take at least a 1/2 cup) and
 Choice of Milk
 Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

You must take at least 1/2 cup of fruit or vegetable

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice, fresh fruit selection including apples, bananas and oranges

Check it Out!

CHECK OUT THE NEW AL A CARTE COFFEE BAR!



Coco Puffs Breakfast Break
 Cinnamon Toast Crunch Breakfast Break
 Lucky Charms Breakfast Breaks
 Fruit Loops Breakfast Break

Other Alternatives:

Mini Loaves
 Zucchini Bread
 Donuts
 Benefit Bars



Check out Nutritional Values @ <https://www.schoolcafe.com/menus>